

## WDRS Sponsored Events

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### **AUGUST**

Health After 50

Wednesday, August 12, 2009

Noon – 1:00 p.m.

Wilson Hall, One West

American Cancer Society Open House

Wednesday, August 12, 2009

11:30 a.m. – 1:30 p.m.

Wilson Hall, Atrium

Tai Chi for Health Open House

Monday, August 24, 2009

12:15 p.m.-12:45 p.m. *and* 4:45 p.m.–5:15 p.m.

Location TBD

Skeletal Conditions in the Workplace

Lunch & Learn

Wednesday, August 26, 2009

Noon – 1:00 p.m.

Wilson Hall, One West

### **SEPTEMBER**

Spanish Heritage Month

September 15 – October 15, 2009

National Cholesterol Education Awareness

Lunch & Learn

Wednesday, September 23, 2009

Noon – 1:00 p.m.

Curia II

### **OCTOBER**

Open Enrollment for Benefits

October 1-29, 2009

Disabilities Awareness Month

October 2009

Health Fair

Thursday, October 29, 2009

Wilson Hall, Atrium

### **NOVEMBER**

Holiday Book Fair

Tues. & Wed., November 17 & 18, 2009

Wilson Hall, Atrium

Diabetes Awareness

Lunch & Learn

Wednesday, November 18, 2009

Noon – 1:00 p.m.

Curia II

### **DECEMBER**

Universal Human Rights Month

December 2009